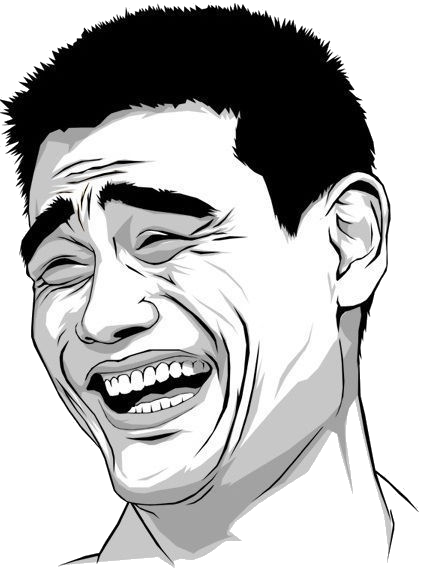
Kalender   
für das



Jahr 3

|  |  |  |
| --- | --- | --- |
| **Gesetzliche Feiertage deutschlandweit und in NRW** | | |
| Zweiter Weihnachtstag | Erstag – Tage zwischen Jahr 2 und 3 | Do, 26. Dezember 2024 |
| Neujahr | Siebtag – Tage zwischen Jahr 2 und 3 | Mi, 1. Januar 2025 |
| Karfreitag | Sechstag – Woche 15 – Tertial 1 – Jahr 3 | Fr, 18. April 2025 |
| Ostermontag | Zweitag – Woche 16 – Tertial 1 – Jahr 3 | Mo, 21. April 2025 |
| Tag der Arbeit | Fünftag – Woche 17 – Tertial 1 – Jahr 3 | Do, 1. Mai 2025 |
| Christi Himmelfahrt | Fünftag – Woche 4 – Tertial 2 – Jahr 3 | Do, 29. Mai 2025 |
| Pfingstmontag | Zweitag – Woche 6 – Tertial 2 – Jahr 3 | Mo, 9. Juni 2025 |
| Fronleichnam | Fünftag – Woche 7 – Tertial 2 – Jahr 3 | Do, 19. Juni 2025 |
| Tag der Deutschen Einheit | Sechstag – Woche 5 – Tertial 3 – Jahr 3 | Fr, 3. Oktober 2025 |
| Allerheiligen | Rasttag – Woche 9 – Tertial 3 – Jahr 3 | Sa, 1. November 2025 |
| Erster Weihnachtstag | Fünftag – Woche 17 – Tertial 3 – Jahr 3 | Do, 25. Dezember 2025 |
| Zweiter Weihnachtstag | Sechstag – Woche 17 – Tertial 3 – Jahr 3 | Fr, 26.Dezember 2025 |
| Neujahr | Fünftag – Tage zwischen Jahr 3 und 4 | Do, 1. Januar 2026 |

Im Kalender sind …

… die gesetzlichen Feiertage *rot* markiert, und

… die vorgeschlagenen Ruhetage *grün* markiert, und

… wo sich beides überschneidet, *gelb* markiert.

Erstellt vom Betreiber der Webseite kreideleben.de

Dieser Kalender gehört:

|  |
| --- |
| Tage zwischen  Jahr 2 und Jahr 3 |

**Erstag – Tage zwischen den Jahren 2 und 3 | Do, 26. Dezember 2024**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht **Zweiter Weihnachtstag** | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Zweitag – Tage zwischen den Jahren 2 und 3 | Fr, 27. Dezember 2024**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Drittag – Tage zwischen den Jahren 2 und 3 | Sa, 28. Dezember 2024**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Viertag – Tage zwischen den Jahren 2 und 3 | So, 29. Dezember 2024**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Fünftag – Tage zwischen den Jahren 2 und 3 | Mo, 30. Dezember 2024**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Sechstag – Tage zwischen den Jahren 2 und 3 | Di, 31. Dezember 2024**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Siebtag – Tage zwischen den Jahren 2 und 3 | Mi, 1. Januar 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht **Neujahr** | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Achtag – Tage zwischen den Jahren 2 und 3 | Do, 2. Januar 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Neuntag – Tage zwischen den Jahren 2 und 3 | Fr, 3. Januar 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Zehntag – Tage zwischen den Jahren 2 und 3 | Sa, 4. Januar 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag Perihel | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

|  |
| --- |
| Erstes Tertial |

**Woche 1 – Tertial 1 – Jahr 3**

**Erstag – Woche 1 – Tertial 1 – Jahr 3 | So, 5. Januar 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Zweitag – Woche 1 – Tertial 1 – Jahr 3 | Mo, 6. Januar 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Drittag – Woche 1 – Tertial 1 – Jahr 3 | Di, 7. Januar 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Viertag – Woche 1 – Tertial 1 – Jahr 3 | Mi, 8. Januar 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Fünftag – Woche 1 – Tertial 1 – Jahr 3 | Do, 9. Januar 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Sechstag – Woche 1 – Tertial 1 – Jahr 3 | Fr, 10. Januar 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Rasttag – Woche 1 – Tertial 1 – Jahr 3 | Sa, 11. Januar 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Woche 2 – Tertial 1 – Jahr 3**

**Erstag – Woche 2 – Tertial 1 – Jahr 3 | So, 12. Januar 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Zweitag – Woche 2 – Tertial 1 – Jahr 3 | Mo, 13. Januar 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Drittag – Woche 2 – Tertial 1 – Jahr 3 | Di, 14. Januar 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Viertag – Woche 2 – Tertial 1 – Jahr 3 | Mi, 15. Januar 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Fünftag – Woche 2 – Tertial 1 – Jahr 3 | Do, 16. Januar 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Sechstag – Woche 2 – Tertial 1 – Jahr 3 | Fr, 17. Januar 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Rasttag – Woche 2 – Tertial 1 – Jahr 3 | Sa, 18. Januar 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Woche 3 – Tertial 1 – Jahr 3**

**Erstag – Woche 3 – Tertial 1 – Jahr 3 | So, 19. Januar 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Zweitag – Woche 3 – Tertial 1 – Jahr 3 | Mo, 20. Januar 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Drittag – Woche 3 – Tertial 1 – Jahr 3 | Di, 21. Januar 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Viertag – Woche 3 – Tertial 1 – Jahr 3 | Mi, 22. Januar 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Fünftag – Woche 3 – Tertial 1 – Jahr 3 | Do, 23. Januar 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Sechstag – Woche 3 – Tertial 1 – Jahr 3 | Fr, 24. Januar 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Rasttag – Woche 3 – Tertial 1 – Jahr 3 | Sa, 25. Januar 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Woche 4 – Tertial 1 – Jahr 3**

**Erstag – Woche 4 – Tertial 1 – Jahr 3 | So, 26. Januar 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Zweitag – Woche 4 – Tertial 1 – Jahr 3 | Mo, 27. Januar 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Drittag – Woche 4 – Tertial 1 – Jahr 3 | Di, 28. Januar 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Viertag – Woche 4 – Tertial 1 – Jahr 3 | Mi, 29. Januar 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Fünftag – Woche 4 – Tertial 1 – Jahr 3 | Do, 30. Januar 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Sechstag – Woche 4 – Tertial 1 – Jahr 3 | Fr, 31. Januar 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Rasttag – Woche 4 – Tertial 1 – Jahr 3 | Sa, 1. Februar 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Woche 5 – Tertial 1 – Jahr 3**

**Erstag – Woche 5 – Tertial 1 – Jahr 3 | So, 2. Februar 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Zweitag – Woche 5 – Tertial 1 – Jahr 3 | Mo, 3. Februar 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Drittag – Woche 5 – Tertial 1 – Jahr 3 | Di, 4. Februar 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Viertag – Woche 5 – Tertial 1 – Jahr 3 | Mi, 5. Februar 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Fünftag – Woche 5 – Tertial 1 – Jahr 3 | Do, 6. Februar 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Sechstag – Woche 5 – Tertial 1 – Jahr 3 | Fr, 7. Februar 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Rasttag – Woche 5 – Tertial 1 – Jahr 3 | Sa, 8. Februar 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Woche 5 – Tertial 1 – Jahr 3**

**Erstag – Woche 6 – Tertial 1 – Jahr 3 | So, 9. Februar 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Zweitag – Woche 6 – Tertial 1 – Jahr 3 | Mo, 10. Februar 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Drittag – Woche 6 – Tertial 1 – Jahr 3 | Di, 11. Februar 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Viertag – Woche 6 – Tertial 1 – Jahr 3 | Mi, 12. Februar 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Fünftag – Woche 6 – Tertial 1 – Jahr 3 | Do, 13. Februar 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Sechstag – Woche 6 – Tertial 1 – Jahr 3 | Fr, 14. Februar 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Rasttag – Woche 6 – Tertial 1 – Jahr 3 | Sa, 15. Februar 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Woche 7 – Tertial 1 – Jahr 3**

**Erstag – Woche 7 – Tertial 1 – Jahr 3 | So, 16. Februar 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Zweitag – Woche 7 – Tertial 1 – Jahr 3 | Mo, 17. Februar 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Drittag – Woche 7 – Tertial 1 – Jahr 3 | Di, 18. Februar 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Viertag – Woche 7 – Tertial 1 – Jahr 3 | Mi, 19. Februar 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Fünftag – Woche 7 – Tertial 1 – Jahr 3 | Do, 20. Februar 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Sechstag – Woche 7 – Tertial 1 – Jahr 3 | Fr, 21. Februar 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Rasttag – Woche 7 – Tertial 1 – Jahr 3 | Sa, 22. Februar 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Woche 8 – Tertial 1 – Jahr 3**

**Erstag – Woche 8 – Tertial 1 – Jahr 3 | So, 23. Februar 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Zweitag – Woche 8 – Tertial 1 – Jahr 3 | Mo, 24. Februar 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Drittag – Woche 8 – Tertial 1 – Jahr 3 | Di, 25. Februar 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Viertag – Woche 8 – Tertial 1 – Jahr 3 | Mi, 26. Februar 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Fünftag – Woche 8 – Tertial 1 – Jahr 3 | Do, 27. Februar 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Sechstag – Woche 8 – Tertial 1 – Jahr 3 | Fr, 28. Februar 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Rasttag – Woche 8 – Tertial 1 – Jahr 3 | Sa, 1. März 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Woche 9 – Tertial 1 – Jahr 3**

**Erstag – Woche 9 – Tertial 1 – Jahr 3 | So, 2. März 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Zweitag – Woche 9 – Tertial 1 – Jahr 3 | Mo, 3. März 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Drittag – Woche 9 – Tertial 1 – Jahr 3 | Di, 4. März 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Viertag – Woche 9 – Tertial 1 – Jahr 3 | Mi, 5. März 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Fünftag – Woche 9 – Tertial 1 – Jahr 3 | Do, 6. März 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Sechstag – Woche 9 – Tertial 1 – Jahr 3 | Fr, 7. März 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Rasttag – Woche 9 – Tertial 1 – Jahr 3 | Sa, 8. März 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Woche 10 – Tertial 1 – Jahr 3**

**Erstag – Woche 10 – Tertial 1 – Jahr 3 | So, 9. März 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Zweitag – Woche 10 – Tertial 1 – Jahr 3 | Mo, 10. März 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Drittag – Woche 10 – Tertial 1 – Jahr 3 | Di, 11. März 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Viertag – Woche 10 – Tertial 1 – Jahr 3 | Mi, 12. März 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Fünftag – Woche 10 – Tertial 1 – Jahr 3 | Do, 13. März 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Sechstag – Woche 10 – Tertial 1 – Jahr 3 | Fr, 14. März 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Rasttag – Woche 10 – Tertial 1 – Jahr 3 | Sa, 15. März 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Woche 11 – Tertial 1 – Jahr 3**

**Erstag – Woche 11 – Tertial 1 – Jahr 3 | So, 16. März 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Zweitag – Woche 11 – Tertial 1 – Jahr 3 | Mo, 17. März 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Drittag – Woche 11 – Tertial 1 – Jahr 3 | Di, 18. März 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Viertag – Woche 11 – Tertial 1 – Jahr 3 | Mi, 19. März 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Fünftag – Woche 11 – Tertial 1 – Jahr 3 | Do, 20. März 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Sechstag – Woche 11 – Tertial 1 – Jahr 3 | Fr, 21. März 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Rasttag – Woche 11 – Tertial 1 – Jahr 3 | Sa, 22. März 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Woche 12 – Tertial 1 – Jahr 3**

**Erstag – Woche 12 – Tertial 1 – Jahr 3 | So, 23. März 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Zweitag – Woche 12 – Tertial 1 – Jahr 3 | Mo, 24. März 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Drittag – Woche 12 – Tertial 1 – Jahr 3 | Di, 25. März 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Viertag – Woche 12 – Tertial 1 – Jahr 3 | Mi, 26. März 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Fünftag – Woche 12 – Tertial 1 – Jahr 3 | Do, 27. März 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Sechstag – Woche 12 – Tertial 1 – Jahr 3 | Fr, 28. März 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Rasttag – Woche 12 – Tertial 1 – Jahr 3 | Sa, 29. März 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Woche 13 – Tertial 1 – Jahr 3**

**Erstag – Woche 13 – Tertial 1 – Jahr 3 | So, 30. März 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Zweitag – Woche 13 – Tertial 1 – Jahr 3 | Mo, 31. März 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Drittag – Woche 13 – Tertial 1 – Jahr 3 | Di, 1. April 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Viertag – Woche 13 – Tertial 1 – Jahr 3 | Mi, 2. April 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Fünftag – Woche 13 – Tertial 1 – Jahr 3 | Do, 3. April 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Sechstag – Woche 13 – Tertial 1 – Jahr 3 | Fr, 4. April 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Rasttag – Woche 13 – Tertial 1 – Jahr 3 | Sa, 5. April 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Woche 14 – Tertial 1 – Jahr 3**

**Erstag – Woche 14 – Tertial 1 – Jahr 3 | So, 6. April 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Zweitag – Woche 14 – Tertial 1 – Jahr 3 | Mo, 7. April 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Drittag – Woche 14 – Tertial 1 – Jahr 3 | Di, 8. April 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Viertag – Woche 14 – Tertial 1 – Jahr 3 | Mi, 9. April 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Fünftag – Woche 14 – Tertial 1 – Jahr 3 | Do, 10. April 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Sechstag – Woche 14 – Tertial 1 – Jahr 3 | Fr, 11. April 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Rasttag – Woche 14 – Tertial 1 – Jahr 3 | Sa, 12. April 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Woche 15 – Tertial 1 – Jahr 3**

**Erstag – Woche 15 – Tertial 1 – Jahr 3 | So, 13. April 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Zweitag – Woche 15 – Tertial 1 – Jahr 3 | Mo, 14. April 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Drittag – Woche 15 – Tertial 1 – Jahr 3 | Di, 15. April 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Viertag – Woche 15 – Tertial 1 – Jahr 3 | Mi, 16. April 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Fünftag – Woche 15 – Tertial 1 – Jahr 3 | Do, 17. April 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Sechstag – Woche 15 – Tertial 1 – Jahr 3 | Fr, 18. April 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht **Karfreitag** | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Rasttag – Woche 15 – Tertial 1 – Jahr 3 | Sa, 19. April 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Woche 16 – Tertial 1 – Jahr 3**

**Erstag – Woche 16 – Tertial 1 – Jahr 3 | So, 20. April 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Zweitag – Woche 16 – Tertial 1 – Jahr 3 | Mo, 21. April 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht **Ostermontag** | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Drittag – Woche 16 – Tertial 1 – Jahr 3 | Di, 22. April 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Viertag – Woche 16 – Tertial 1 – Jahr 3 | Mi, 23. April 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Fünftag – Woche 16 – Tertial 1 – Jahr 3 | Do, 24. April 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Sechstag – Woche 16 – Tertial 1 – Jahr 3 | Fr, 25. April 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Rasttag – Woche 16 – Tertial 1 – Jahr 3 | Sa, 26. April 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Woche 17 – Tertial 1 – Jahr 3**

**Erstag – Woche 17 – Tertial 1 – Jahr 3 | So, 27. April 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Zweitag – Woche 17 – Tertial 1 – Jahr 3 | Mo, 28. April 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Drittag – Woche 17 – Tertial 1 – Jahr 3 | Di, 29. April 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Viertag – Woche 17 – Tertial 1 – Jahr 3 | Mi, 30. April 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Fünftag – Woche 17 – Tertial 1 – Jahr 3 | Do, 1. Mai 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht **Tag der Arbeit** | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Sechstag – Woche 17 – Tertial 1 – Jahr 3 | Fr, 2. Mai 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Rasttag – Woche 17 – Tertial 1 – Jahr 3 | Sa, 3. Mai 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

|  |
| --- |
| Zweites Tertial |

**Woche 1 – Tertial 2 – Jahr 3**

**Erstag – Woche 1 – Tertial 2 – Jahr 3 | So, 4. Mai 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Zweitag – Woche 1 – Tertial 2 – Jahr 3 | Mo, 5. Mai 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Drittag – Woche 1 – Tertial 2 – Jahr 3 | Di, 6. Mai 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Viertag – Woche 1 – Tertial 2 – Jahr 3 | Mi, 7. Mai 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Fünftag – Woche 1 – Tertial 2 – Jahr 3 | Do, 8. Mai 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Sechstag – Woche 1 – Tertial 2 – Jahr 3 | Fr, 9. Mai 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Rasttag – Woche 1 – Tertial 2 – Jahr 3 | Sa, 10. Mai 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Woche 2 – Tertial 2 – Jahr 3**

**Erstag – Woche 2 – Tertial 2 – Jahr 3 | So, 11. Mai 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Zweitag – Woche 2 – Tertial 2 – Jahr 3 | Mo, 12. Mai 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Drittag – Woche 2 – Tertial 2 – Jahr 3 | Di, 13. Mai 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Viertag – Woche 2 – Tertial 2 – Jahr 3 | Mi, 14. Mai 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Fünftag – Woche 2 – Tertial 2 – Jahr 3 | Do, 15. Mai 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Sechstag – Woche 2 – Tertial 2 – Jahr 3 | Fr, 16. Mai 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Rasttag – Woche 2 – Tertial 2 – Jahr 3 | Sa, 17. Mai 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Woche 3 – Tertial 2 – Jahr 3**

**Erstag – Woche 3 – Tertial 2 – Jahr 3 | So, 18. Mai 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Zweitag – Woche 3 – Tertial 2 – Jahr 3 | Mo, 19. Mai 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Drittag – Woche 3 – Tertial 2 – Jahr 3 | Di, 20. Mai 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Viertag – Woche 3 – Tertial 2 – Jahr 3 | Mi, 21. Mai 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Fünftag – Woche 3 – Tertial 2 – Jahr 3 | Do, 22. Mai 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Sechstag – Woche 3 – Tertial 2 – Jahr 3 | Fr, 23. Mai 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Rasttag – Woche 3 – Tertial 2 – Jahr 3 | Sa, 24. Mai 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Woche 4 – Tertial 2 – Jahr 3**

**Erstag – Woche 4 – Tertial 2 – Jahr 3 | So, 25. Mai 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Zweitag – Woche 4 – Tertial 2 – Jahr 3 | Mo, 26. Mai 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Drittag – Woche 4 – Tertial 2 – Jahr 3 | Di, 27. Mai 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Viertag – Woche 4 – Tertial 2 – Jahr 3 | Mi, 28. Mai 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Fünftag – Woche 4 – Tertial 2 – Jahr 3 | Do, 29. Mai 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht **Christi Himmelfahrt** | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Sechstag – Woche 4 – Tertial 2 – Jahr 3 | Fr, 30. Mai 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Rasttag – Woche 4 – Tertial 2 – Jahr 3 | Sa, 31. Mai 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Woche 5 – Tertial 2 – Jahr 3**

**Erstag – Woche 5 – Tertial 2 – Jahr 3 | So, 1. Juni 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Zweitag – Woche 5 – Tertial 2 – Jahr 3 | Mo, 2. Juni 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Drittag – Woche 5 – Tertial 2 – Jahr 3 | Di, 3. Juni 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Viertag – Woche 5 – Tertial 2 – Jahr 3 | Mi, 4. Juni 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Fünftag – Woche 5 – Tertial 2 – Jahr 3 | Do, 5. Juni 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Sechstag – Woche 5 – Tertial 2 – Jahr 3 | Fr, 6. Juni 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Rasttag – Woche 5 – Tertial 2 – Jahr 3 | Sa, 7. Juni 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Woche 6 – Tertial 2 – Jahr 3**

**Erstag – Woche 6 – Tertial 2 – Jahr 3 | So, 8. Juni 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Zweitag – Woche 6 – Tertial 2 – Jahr 3 | Mo, 9. Juni 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht **Pfingstmontag** | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Drittag – Woche 6 – Tertial 2 – Jahr 3 | Di, 10. Juni 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Viertag – Woche 6 – Tertial 2 – Jahr 3 | Mi, 11. Juni 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Fünftag – Woche 6 – Tertial 2 – Jahr 3 | Do, 12. Juni 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Sechstag – Woche 6 – Tertial 2 – Jahr 3 | Fr, 13. Juni 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Rasttag – Woche 6 – Tertial 2 – Jahr 3 | Sa, 14. Juni 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Woche 7 – Tertial 2 – Jahr 3**

**Erstag – Woche 7 – Tertial 2 – Jahr 3 | So, 15. Juni 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Zweitag – Woche 7 – Tertial 2 – Jahr 3 | Mo, 16. Juni 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Drittag – Woche 7 – Tertial 2 – Jahr 3 | Di, 17. Juni 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Viertag – Woche 7 – Tertial 2 – Jahr 3 | Mi, 18. Juni 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Fünftag – Woche 7 – Tertial 2 – Jahr 3 | Do, 19. Juni 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht **Fronleichnam** | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Sechstag – Woche 7 – Tertial 2 – Jahr 3 | Fr, 20. Juni 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Rasttag – Woche 7 – Tertial 2 – Jahr 3 | Sa, 21. Juni 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Woche 8 – Tertial 2 – Jahr 3**

**Erstag – Woche 8 – Tertial 2 – Jahr 3 | So, 22. Juni 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Zweitag – Woche 8 – Tertial 2 – Jahr 3 | Mo, 23. Juni 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Drittag – Woche 8 – Tertial 2 – Jahr 3 | Di, 24. Juni 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Viertag – Woche 8 – Tertial 2 – Jahr 3 | Mi, 25. Juni 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Fünftag – Woche 8 – Tertial 2 – Jahr 3 | Do, 26. Juni 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Sechstag – Woche 8 – Tertial 2 – Jahr 3 | Fr, 27. Juni 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Rasttag – Woche 8 – Tertial 2 – Jahr 3 | Sa, 28. Juni 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Woche 9 – Tertial 2 – Jahr 3**

**Erstag – Woche 9 – Tertial 2 – Jahr 3 | So, 29. Juni 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Zweitag – Woche 9 – Tertial 2 – Jahr 3 | Mo, 30. Juni 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Drittag – Woche 9 – Tertial 2 – Jahr 3 | Di, 1. Juli 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Viertag – Woche 9 – Tertial 2 – Jahr 3 | Mi, 2. Juli 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Fünftag – Woche 9 – Tertial 2 – Jahr 3 | Do, 3. Juli 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Sechstag – Woche 9 – Tertial 2 – Jahr 3 | Fr, 4. Juli 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Rasttag – Woche 9 – Tertial 2 – Jahr 3 | Sa, 5. Juli 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Woche 10 – Tertial 2 – Jahr 3**

**Erstag – Woche 10 – Tertial 2 – Jahr 3 | So, 6. Juli 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Zweitag – Woche 10 – Tertial 2 – Jahr 3 | Mo, 7. Juli 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Drittag – Woche 10 – Tertial 2 – Jahr 3 | Di, 8. Juli 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Viertag – Woche 10 – Tertial 2 – Jahr 3 | Mi, 9. Juli 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Fünftag – Woche 10 – Tertial 2 – Jahr 3 | Do, 10. Juli 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Sechstag – Woche 10 – Tertial 2 – Jahr 3 | Fr, 11. Juli 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Rasttag – Woche 10 – Tertial 2 – Jahr 3 | Sa, 12. Juli 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Woche 11 – Tertial 2 – Jahr 3**

**Erstag – Woche 11 – Tertial 2 – Jahr 3 | So, 13. Juli 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Zweitag – Woche 11 – Tertial 2 – Jahr 3 | Mo, 14. Juli 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Drittag – Woche 11 – Tertial 2 – Jahr 3 | Di, 15. Juli 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Viertag – Woche 11 – Tertial 2 – Jahr 3 | Mi, 16. Juli 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Fünftag – Woche 11 – Tertial 2 – Jahr 3 | Do, 17. Juli 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Sechstag – Woche 11 – Tertial 2 – Jahr 3 | Fr, 18. Juli 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Rasttag – Woche 11 – Tertial 2 – Jahr 3 | Sa, 19. Juli 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Woche 12 – Tertial 2 – Jahr 3**

**Erstag – Woche 12 – Tertial 2 – Jahr 3 | So, 20. Juli 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Zweitag – Woche 12 – Tertial 2 – Jahr 3 | Mo, 21. Juli 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Drittag – Woche 12 – Tertial 2 – Jahr 3 | Di, 22. Juli 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Viertag – Woche 12 – Tertial 2 – Jahr 3 | Mi, 23. Juli 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Fünftag – Woche 12 – Tertial 2 – Jahr 3 | Do, 24. Juli 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Sechstag – Woche 12 – Tertial 2 – Jahr 3 | Fr, 25. Juli 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Rasttag – Woche 12 – Tertial 2 – Jahr 3 | Sa, 26. Juli 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Woche 13 – Tertial 2 – Jahr 3**

**Erstag – Woche 13 – Tertial 2 – Jahr 3 | So, 27. Juli 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Zweitag – Woche 13 – Tertial 2 – Jahr 3 | Mo, 28. Juli 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Drittag – Woche 13 – Tertial 2 – Jahr 3 | Di, 29. Juli 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Viertag – Woche 13 – Tertial 2 – Jahr 3 | Mi, 30. Juli 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Fünftag – Woche 13 – Tertial 2 – Jahr 3 | Do, 31. Juli 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Sechstag – Woche 13 – Tertial 2 – Jahr 3 | Fr, 1. August 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Rasttag – Woche 13 – Tertial 2 – Jahr 3 | Sa, 2. August 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Woche 14 – Tertial 2 – Jahr 3**

**Erstag – Woche 14 – Tertial 2 – Jahr 3 | So, 3. August 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Zweitag – Woche 14 – Tertial 2 – Jahr 3 | Mo, 4. August 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Drittag – Woche 14 – Tertial 2 – Jahr 3 | Di, 5. August 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Viertag – Woche 14 – Tertial 2 – Jahr 3 | Mi, 6. August 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Fünftag – Woche 14 – Tertial 2 – Jahr 3 | Do, 7. August 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Sechstag – Woche 14 – Tertial 2 – Jahr 3 | Fr, 8. August 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Rasttag – Woche 14 – Tertial 2 – Jahr 3 | Sa, 9. August 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Woche 15 – Tertial 2 – Jahr 3**

**Erstag – Woche 15 – Tertial 2 – Jahr 3 | So, 10. August 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Zweitag – Woche 15 – Tertial 2 – Jahr 3 | Mo, 11. August 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Drittag – Woche 15 – Tertial 2 – Jahr 3 | Di, 12. August 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Viertag – Woche 15 – Tertial 2 – Jahr 3 | Mi, 13. August 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Fünftag – Woche 15 – Tertial 2 – Jahr 3 | Do, 14. August 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Sechstag – Woche 15 – Tertial 2 – Jahr 3 | Fr, 15. August 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Rasttag – Woche 15 – Tertial 2 – Jahr 3 | Sa, 16. August 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Woche 16 – Tertial 2 – Jahr 3**

**Erstag – Woche 16 – Tertial 2 – Jahr 3 | So, 17. August 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Zweitag – Woche 16 – Tertial 2 – Jahr 3 | Mo, 18. August 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Drittag – Woche 16 – Tertial 2 – Jahr 3 | Di, 19. August 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Viertag – Woche 16 – Tertial 2 – Jahr 3 | Mi, 20. August 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Fünftag – Woche 16 – Tertial 2 – Jahr 3 | Do, 21. August 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Sechstag – Woche 16 – Tertial 2 – Jahr 3 | Fr, 22. August 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Rasttag – Woche 16 – Tertial 2 – Jahr 3 | Sa, 23. August 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Woche 17 – Tertial 2 – Jahr 3**

**Erstag – Woche 17 – Tertial 2 – Jahr 3 | So, 24. August 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Zweitag – Woche 17 – Tertial 2 – Jahr 3 | Mo, 25. August 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Drittag – Woche 17 – Tertial 2 – Jahr 3 | Di, 26. August 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Viertag – Woche 17 – Tertial 2 – Jahr 3 | Mi, 27. August 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Fünftag – Woche 17 – Tertial 2 – Jahr 3 | Do, 28. August 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Sechstag – Woche 17 – Tertial 2 – Jahr 3 | Fr, 29. August 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Rasttag – Woche 17 – Tertial 2 – Jahr 3 | Sa, 30. August 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

|  |
| --- |
| Drittes Tertial |

**Woche 1 – Tertial 3 – Jahr 3**

**Erstag – Woche 1 – Tertial 3 – Jahr 3 | So, 31. August 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Zweitag – Woche 1 – Tertial 3 – Jahr 3 | Mo, 1. September 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Drittag – Woche 1 – Tertial 3 – Jahr 3 | Di, 2. September 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Viertag – Woche 1 – Tertial 3 – Jahr 3 | Mi, 3. September 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Fünftag – Woche 1 – Tertial 3 – Jahr 3 | Do, 4. September 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Sechstag – Woche 1 – Tertial 3 – Jahr 3 | Fr, 5. September 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Rasttag – Woche 1 – Tertial 3 – Jahr 3 | Sa, 6. September 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Woche 1 – Tertial 3 – Jahr 3**

**Erstag – Woche 2 – Tertial 3 – Jahr 3 | So, 7. September 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Zweitag – Woche 2 – Tertial 3 – Jahr 3 | Mo, 8. September 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Drittag – Woche 2 – Tertial 3 – Jahr 3 | Di, 9. September 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Viertag – Woche 2 – Tertial 3 – Jahr 3 | Mi, 10. September 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Fünftag – Woche 2 – Tertial 3 – Jahr 3 | Do, 11. September 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Sechstag – Woche 2 – Tertial 3 – Jahr 3 | Fr, 12. September 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Rasttag – Woche 2 – Tertial 3 – Jahr 3 | Sa, 13. September 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Woche 3 – Tertial 3 – Jahr 3**

**Erstag – Woche 3 – Tertial 3 – Jahr 3 | So, 14. September 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Zweitag – Woche 3 – Tertial 3 – Jahr 3 | Mo, 15. September 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Drittag – Woche 3 – Tertial 3 – Jahr 3 | Di, 16. September 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Viertag – Woche 3 – Tertial 3 – Jahr 3 | Mi, 17. September 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Fünftag – Woche 3 – Tertial 3 – Jahr 3 | Do, 18. September 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Sechstag – Woche 3 – Tertial 3 – Jahr 3 | Fr, 19. September 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Rasttag – Woche 3 – Tertial 3 – Jahr 3 | Sa, 20. September 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Woche 4 – Tertial 3 – Jahr 3**

**Erstag – Woche 4 – Tertial 3 – Jahr 3 | So, 21. September 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Zweitag – Woche 4 – Tertial 3 – Jahr 3 | Mo, 22. September 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Drittag – Woche 4 – Tertial 3 – Jahr 3 | Di, 23. September 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Viertag – Woche 4 – Tertial 3 – Jahr 3 | Mi, 24. September 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Fünftag – Woche 4 – Tertial 3 – Jahr 3 | Do, 25. September 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Sechstag – Woche 4 – Tertial 3 – Jahr 3 | Fr, 26. September 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Rasttag – Woche 4 – Tertial 3 – Jahr 3 | Sa, 27. September 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Woche 5 – Tertial 3 – Jahr 3**

**Erstag – Woche 5 – Tertial 3 – Jahr 3 | So, 28. September 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Zweitag – Woche 5 – Tertial 3 – Jahr 3 | Mo, 29. September 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Drittag – Woche 5 – Tertial 3 – Jahr 3 | Di, 30. September 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Viertag – Woche 5 – Tertial 3 – Jahr 3 | Mi, 1. Oktober 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Fünftag – Woche 5 – Tertial 3 – Jahr 3 | Do, 2. Oktober 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Sechstag – Woche 5 – Tertial 3 – Jahr 3 | Fr, 3. Oktober 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht **Tag der Deutschen Einheit** | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Rasttag – Woche 5 – Tertial 3 – Jahr 3 | Sa, 4. Oktober 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Woche 6 – Tertial 3 – Jahr 3**

**Erstag – Woche 6 – Tertial 3 – Jahr 3 | So, 5. Oktober 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Zweitag – Woche 6 – Tertial 3 – Jahr 3 | Mo, 6. Oktober 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Drittag – Woche 6 – Tertial 3 – Jahr 3 | Di, 7. Oktober 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Viertag – Woche 6 – Tertial 3 – Jahr 3 | Mi, 8. Oktober 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Fünftag – Woche 6 – Tertial 3 – Jahr 3 | Do, 9. Oktober 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Sechstag – Woche 6 – Tertial 3 – Jahr 3 | Fr, 10. Oktober 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Rasttag – Woche 6 – Tertial 3 – Jahr 3 | Sa, 11. Oktober 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Woche 7 – Tertial 3 – Jahr 3**

**Erstag – Woche 7 – Tertial 3 – Jahr 3 | So, 12. Oktober 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Zweitag – Woche 7 – Tertial 3 – Jahr 3 | Mo, 13. Oktober 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Drittag – Woche 7 – Tertial 3 – Jahr 3 | Di, 14. Oktober 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Viertag – Woche 7 – Tertial 3 – Jahr 3 | Mi, 15. Oktober 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Fünftag – Woche 7 – Tertial 3 – Jahr 3 | Do, 16. Oktober 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Sechstag – Woche 7 – Tertial 3 – Jahr 3 | Fr, 17. Oktober 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Rasttag – Woche 7 – Tertial 3 – Jahr 3 | Sa, 18. Oktober 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Woche 8 – Tertial 3 – Jahr 3**

**Erstag – Woche 8 – Tertial 3 – Jahr 3 | So, 19. Oktober 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Zweitag – Woche 8 – Tertial 3 – Jahr 3 | Mo, 1. Oktober 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Drittag – Woche 8 – Tertial 3 – Jahr 3 | Di, 21. Oktober 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Viertag – Woche 8 – Tertial 3 – Jahr 3 | Mi, 22. Oktober 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Fünftag – Woche 8 – Tertial 3 – Jahr 3 | Do, 23. Oktober 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Sechstag – Woche 8 – Tertial 3 – Jahr 3 | Fr, 24. Oktober 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Rasttag – Woche 8 – Tertial 3 – Jahr 3 | Sa, 25. Oktober 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 07:40 |
| 08:00 |
| 08:20 |
| 08:40 |
| 00:00 – 00:47 | Tag | 09:00 |
| 09:20 |
| 09:40 |
| 10:00 |
| 01:00 – 01:47 | Tag | 10:20 |
| 10:40 |
| 11:00 |
| 11:20 |
| 02:00 – 02:47 | Tag | 11:40 |
| 12:00 |
| 12:20 |
| 12:40 |
| 03:00 – 03:47 | Tag | 13:00 |
| 13:20 |
| 13:40 |
| 14:00 |
| 04:00 – 04:47 | Tag | 14:20 |
| 14:40 |
| 15:00 |
| 15:20 |
| 05:00 – 05:47 | Tag | 15:40 |
| 16:00 |
| 16:20 |
| 16:40 |
| 00:00 – 00:47 | Abend | 17:00 |
| 17:20 |
| 17:40 |
| 18:00 |
| 01:00 – 01:47 | Abend | 18:20 |
| 18:40 |
| 19:00 |
| 19:20 |
| 02:00 – 02:47 | Abend | 19:40 |
| 20:00 |
| 20:20 |
| 20:40 |
| 03:00 – 03:47 | Abend | 21:00 |
| 21:20 |
| 21:40 |
| 22:00 |
| 04:00 – 04:47 | Abend | 22:20 |
| 22:40 |
| 23:00 |
| 23:20 |

**Woche 9 – Tertial 3 – Jahr 3**

**Erstag – Woche 9 – Tertial 3 – Jahr 3 | So, 26. Oktober 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Zweitag – Woche 9 – Tertial 3 – Jahr 3 | Mo, 27. Oktober 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Drittag – Woche 9 – Tertial 3 – Jahr 3 | Di, 28. Oktober 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Viertag – Woche 9 – Tertial 3 – Jahr 3 | Mi, 29. Oktober 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Fünftag – Woche 9 – Tertial 3 – Jahr 3 | Do, 30. Oktober 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Sechstag – Woche 9 – Tertial 3 – Jahr 3 | Fr, 31. Oktober 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Rasttag – Woche 9 – Tertial 3 – Jahr 3 | Sa, 1. November 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht **Allerheiligen** | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Woche 10 – Tertial 3 – Jahr 3**

**Erstag – Woche 10 – Tertial 3 – Jahr 3 | So, 2. November 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Zweitag – Woche 10 – Tertial 3 – Jahr 3 | Mo, 3. November 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Drittag – Woche 10 – Tertial 3 – Jahr 3 | Di, 4. November 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Viertag – Woche 10 – Tertial 3 – Jahr 3 | Mi, 5. November 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Fünftag – Woche 10 – Tertial 3 – Jahr 3 | Do, 6. November 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Sechstag – Woche 10 – Tertial 3 – Jahr 3 | Fr, 7. November 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Rasttag – Woche 10 – Tertial 3 – Jahr 3 | Sa, 8. November 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Woche 11 – Tertial 3 – Jahr 3**

**Erstag – Woche 11 – Tertial 3 – Jahr 3 | So, 9. November 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Zweitag – Woche 11 – Tertial 3 – Jahr 3 | Mo, 10. November 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Drittag – Woche 11 – Tertial 3 – Jahr 3 | Di, 11. November 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Viertag – Woche 11 – Tertial 3 – Jahr 3 | Mi, 12. November 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Fünftag – Woche 11 – Tertial 3 – Jahr 3 | Do, 13. November 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Sechstag – Woche 11 – Tertial 3 – Jahr 3 | Fr, 14. November 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Rasttag – Woche 11 – Tertial 3 – Jahr 3 | Sa, 15. November 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Woche 12 – Tertial 3 – Jahr 3**

**Erstag – Woche 12 – Tertial 3 – Jahr 3 | So, 16. November 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Zweitag – Woche 12 – Tertial 3 – Jahr 3 | Mo, 17. November 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Drittag – Woche 12 – Tertial 3 – Jahr 3 | Di, 18. November 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Viertag – Woche 12 – Tertial 3 – Jahr 3 | Mi, 19. November 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Fünftag – Woche 12 – Tertial 3 – Jahr 3 | Do, 20. November 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Sechstag – Woche 12 – Tertial 3 – Jahr 3 | Fr, 21. November 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Rasttag – Woche 12 – Tertial 3 – Jahr 3 | Sa, 22. November 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Woche 13 – Tertial 3 – Jahr 3**

**Erstag – Woche 13 – Tertial 3 – Jahr 3 | So, 23. November 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Zweitag – Woche 13 – Tertial 3 – Jahr 3 | Mo, 24. November 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Drittag – Woche 13 – Tertial 3 – Jahr 3 | Di, 25. November 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Viertag – Woche 13 – Tertial 3 – Jahr 3 | Mi, 26. November 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Fünftag – Woche 13 – Tertial 3 – Jahr 3 | Do, 27. November 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Sechstag – Woche 13 – Tertial 3 – Jahr 3 | Fr, 28. November 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Rasttag – Woche 13 – Tertial 3 – Jahr 3 | Sa, 29. November 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Woche 14 – Tertial 3 – Jahr 3**

**Erstag – Woche 14 – Tertial 3 – Jahr 3 | So, 30. November 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Zweitag – Woche 14 – Tertial 3 – Jahr 3 | Mo, 1. Dezember 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Drittag – Woche 14 – Tertial 3 – Jahr 3 | Di, 2. Dezember 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Viertag – Woche 14 – Tertial 3 – Jahr 3 | Mi, 3. Dezember 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Fünftag – Woche 14 – Tertial 3 – Jahr 3 | Do, 4. Dezember 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Sechstag – Woche 14 – Tertial 3 – Jahr 3 | Fr, 5. Dezember 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Rasttag – Woche 14 – Tertial 3 – Jahr 3 | Sa, 6. Dezember 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Woche 15 – Tertial 3 – Jahr 3**

**Erstag – Woche 15 – Tertial 3 – Jahr 3 | So, 7. Dezember 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Zweitag – Woche 15 – Tertial 3 – Jahr 3 | Mo, 8. Dezember 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Drittag – Woche 15 – Tertial 3 – Jahr 3 | Di, 9. Dezember 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Viertag – Woche 15 – Tertial 3 – Jahr 3 | Mi, 10. Dezember 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Fünftag – Woche 15 – Tertial 3 – Jahr 3 | Do, 11. Dezember 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Sechstag – Woche 15 – Tertial 3 – Jahr 3 | Fr, 12. Dezember 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Rasttag – Woche 15 – Tertial 3 – Jahr 3 | Sa, 13. Dezember 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Woche 16 – Tertial 3 – Jahr 3**

**Erstag – Woche 16 – Tertial 3 – Jahr 3 | So, 14. Dezember 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Zweitag – Woche 16 – Tertial 3 – Jahr 3 | Mo, 15. Dezember 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Drittag – Woche 16 – Tertial 3 – Jahr 3 | Di, 16. Dezember 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Viertag – Woche 16 – Tertial 3 – Jahr 3 | Mi, 17. Dezember 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Fünftag – Woche 16 – Tertial 3 – Jahr 3 | Do, 18. Dezember 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Sechstag – Woche 16 – Tertial 3 – Jahr 3 | Fr, 19. Dezember 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Rasttag – Woche 16 – Tertial 3 – Jahr 3 | Sa, 20. Dezember 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Woche 17 – Tertial 3 – Jahr 3**

**Erstag – Woche 17 – Tertial 3 – Jahr 3 | So, 21. Dezember 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Zweitag – Woche 17 – Tertial 3 – Jahr 3 | Mo, 22. Dezember 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Drittag – Woche 17 – Tertial 3 – Jahr 3 | Di, 23. Dezember 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Viertag – Woche 17 – Tertial 3 – Jahr 3 | Mi, 24. Dezember 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Fünftag – Woche 17 – Tertial 3 – Jahr 3 | Do, 25. Dezember 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht **Erster Weihnachtstag** | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Sechstag – Woche 17 – Tertial 3 – Jahr 3 | Fr, 26. Dezember 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht **Zweiter Weihnachtstag** | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Rasttag – Woche 17 – Tertial 3 – Jahr 3 | Sa, 27. Dezember 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

|  |
| --- |
| Tage zwischen  Jahr 3 und Jahr 4 |

**Erstag – Tage zwischen den Jahren 3 und 4 | Do, 28. Dezember 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Zweitag – Tage zwischen den Jahren 3 und 4 | Fr, 29. Dezember 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Drittag – Tage zwischen den Jahren 3 und 4 | Sa, 30. Dezember 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Viertag – Tage zwischen den Jahren 3 und 4 | So, 31. Dezember 2025**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Fünftag – Tage zwischen den Jahren 3 und 4 | Mo, 1. Januar 2026**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht **Neujahr** | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Sechstag – Tage zwischen den Jahren 3 und 4 | Di, 2. Januar 2026**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

**Siebtag – Tage zwischen den Jahren 3 und 4 | Mi, 3. Januar 2026**

|  |  |
| --- | --- |
| 05:00 – 05:47 | Nacht | 06:40 |
| 07:00 |
| 07:20 |
| 07:40 |
| 00:00 – 00:47 | Tag | 08:00 |
| 08:20 |
| 08:40 |
| 09:00 |
| 01:00 – 01:47 | Tag | 09:20 |
| 09:40 |
| 10:00 |
| 10:20 |
| 02:00 – 02:47 | Tag | 10:40 |
| 11:00 |
| 11:20 |
| 11:40 |
| 03:00 – 03:47 | Tag | 12:00 |
| 12:20 |
| 12:40 |
| 13:00 |
| 04:00 – 04:47 | Tag | 13:20 |
| 13:40 |
| 14:00 |
| 14:20 |
| 05:00 – 05:47 | Tag | 14:40 |
| 15:00 |
| 15:20 |
| 15:40 |
| 00:00 – 00:47 | Abend | 16:00 |
| 16:20 |
| 16:40 |
| 17:00 |
| 01:00 – 01:47 | Abend Perihel | 17:20 |
| 17:40 |
| 18:00 |
| 18:20 |
| 02:00 – 02:47 | Abend | 18:40 |
| 19:00 |
| 19:20 |
| 19:40 |
| 03:00 – 03:47 | Abend | 20:00 |
| 20:20 |
| 20:40 |
| 21:00 |
| 04:00 – 04:47 | Abend | 21:20 |
| 21:40 |
| 22:00 |
| 22:20 |

|  |
| --- |
| **Ende** |